Cancer Bridges: Creating Healthy Spaces for Our Community

The mission of Cancer Bridges is to support those impacted by cancer through a variety of free programs and services. Our physical space contributes to this mission. We believe that people living with cancer deserve a space where they can receive support without being exposed to toxic substances. The Healthy Spaces project is an ongoing initiative in partnership with the Cancer and Environment Network of Southwestern Pennsylvania to identify toxic substances used in our space and facilitate a transition to safer alternatives. We invite you to engage with information you’ll see throughout Cancer Bridges about products we have removed and why, and replacements that are better for our health—both here and at home.

Scan here for additional resources:
Did you notice?

Antimicrobial soap, air fresheners, and fragranced products have been removed from this bathroom.

Scan here to learn why:
Household cleaners can be hazardous to your health. This kitchen is cleaned and disinfected with non-toxic, environmentally friendly cleaners.

Scan here to learn more:
Air quality significantly impacts human health. The health impacts associated with poor indoor and outdoor air include decreased lung size and function, asthma and bronchitis, and some types of cancer.

Scan here to learn more:
Ventilation means bringing fresh outdoor air into the building to dilute the indoor air that contains contaminants. **Consider using portable air cleaners.** These can be used to supplement natural and mechanical ventilation systems. Choose air cleaners that have a high efficiency particle air filter (HEPA).

Scan here to learn more:
Chemical additives can often be found in furniture and common spaces. Following these simple tips, exposure to toxicants in carpets, furniture, and flame retardants can be reduced.

Scan here to learn more:

![QR Code](qr_code_image)